

# MEMORIAL DAY FITNESS SCHEDULE

Monday, May 25

Time	Class	Instructor	Location
8:15 AM	Cardio	Mindy	ST2
9:15 AM	Low & Toned	Joe	ST2
9:15 AM	Yoga	Amy	TBD
10:00 AM	Tai Chi	Pat	ST3
10:15 AM	Strong Seniors	Jennifer	ST2
10:30 AM	Zumba	Denise	TBD

### Studio Key

DS	Dance Studio
ST2	Studio 2
ST3	Studio 3